

Pure Passion Pilates
Certification Program
Summer 2019

MAT WORKSHOP

11:30AM to 4:30PM

Thursday July 18

Friday July 19

Saturday July 20

Sunday July 21 Quiz and Practical

REFORMER WORKSHOP

11:30AM to 4:30PM

Saturday July 27

Sunday July 28 Quiz and Practical

CHAIR WORKSHOP

11:30AM to 4:30PM

Saturday August 10

Sunday August 11 Quiz and Practical

BARREL – ARC – CIRCLE

11:30AM to 4:30PM

Saturday August 17 Quiz Only

**SPECIAL POPULATIONS –
MODIFICATIONS – VARIATIONS**

11:30AM to 4:30PM

Sunday August 18 (present research papers)

CADILLAC

11:30AM to 4:30PM

Saturday August 24 Quiz Only

TEST OUT OR LAB DAY

11:30AM to 4:30PM

Sunday August 25 - either use and practical test out day or a lab day. Students will teach one full session for test out or to practice for their test out.

Saturday September 7 - Final written exam and final practical

*ANY MISSED DAYS can be made up by appointment with Master Trainer at students cost to be determined by Master Trainer. All days missed need to be made up within 2 months of date missed.

Lab and Mentoring

Master Trainer will be available by appointment for mentoring and practice. Master Trainer will be available for Q&A via electronic message (text, email, messenger, etc.) anytime and will respond typically within 3-4 hours. Master Trainer is available for phone calls and Skype sessions by appointment. Master Trainer will host open studio days to assist and mentor as needed throughout workshops with dates and times to be announced at the beginning of each workshop.

on-site training,

certification program includes:

Free Pilates classes, access to the Pure Passion Pilates studio, CPR training,
subscription to pilatesANYTIME.com and more! *

*for the duration of the certification program

\$2,500

(paid in full by July 15th)

Payment Plan is available

Anatomy Training will be 3 times and will be announced on the first day of the Training.

Call (281) 940 9911 to learn more about the program